

# ARDANRUNES

This is the March 2010 issue of the Ardanrunes, a publication of the Shire of Ardanroe of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroe website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2010 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. All clipart in this issue is from Microsoft Word. The rose photo for *The Ardanroe Herbarium* was taken by Maistir Rory ua Riada. The deadline for submissions is the 25<sup>th</sup> of the month for the issue coming out the 1<sup>st</sup> of the next month.

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## Calendar of Events

March 13-21	Gulf Wars XIX
April 3	Elfsea Defender – Elfsea (Ansteorra)
April 10	GA Spring Coronation – Small Gray Bear
April 17	Athenaeum III – Tor an Ríogh
April 24	Beltaine – Grey Niche
May 1	Candlelight Camp – Small Gray Bear
May 1	Forest Maiden – Blackmoor Keep
May 15	Gleann Abhann Spring Crown List – Lagerdamm
May 22	Knight’s Academy – Dragoun’s Weal
May 22	Cracked Anvil – Smythkepe
May 28-30	Steppes Warlord – Steppes (Ansteorra)
June 5	GA Live Weapons Championship – TBA
June 11-13	Known World Herald Scribal Symposia (An Tir)
June 11-20	War of the Lilies XXIV (Calontir)
June 12	Loch Bais Birthday Party – Loch Bais

## ARDANROE OFFICERS

Seneschal: The Honorable Lady Dana the Quarrier  
Knight Marshal: THLord Maximilian von Braun  
Herald: Maistir Rory ua Riada  
Exchequer: Mistress Sarah MacGregor  
Minister of Arts & Sciences: The Hon. Lady Melisant of Exmoor  
Chronicler: Barun Rory ua Riada  
Chirurgion: VACANT

Minister of Children: VACANT  
Web Minister: Lorccán na Túaithe  
Provost of RUGA: Lady Amata Quentin Motzhart  
Quartermaster: Mistress Sarah MacGregor  
Chatelaine: Lord Skallagrim Bararson  
Historian: Lord Ebrahim al-Jabali  
Constable: The Honorable Lord Olaf Lutherson

## HARKEN YE!

Below is a tentative schedule of Shire activities for the month of March:

March 6 – Fighter Practice & Vellum Making Part III – TIME TBA – Llfiwr Tyddyn (Saturday)  
March 10 – Populace Meeting – 7:00 p.m. – Aulds Library (Wednesday)  
March 13 – Fighter Practice – TBA  
March 24 – A&S Workshop – 7:00 p.m. – Aulds Library (Wednesday)  
March 27 – Fighter Practice – TBA

**NOTE:** Please see the Shire website and Ardanroe Yahooogroup for updates.



## POSITIONS AVAILABLE

The following Shire offices need Deputies: Seneschal, Minister of Children, Knight Marshal, Web Minister, Herald, Provost of RUGA, Exchequer, Quartermaster, Minister of Arts & Sciences, Chronicler, Historian, Chirurgeon.

The following Shire offices are Open and Need Filling: Minister of Children, Chirurgeon



## SAINTS DAY CALENDAR

March is known as Gulf Wars month for those in Gleann Abhann. March 1<sup>st</sup> is the calendar date for David, the patron saint of Wales. David is believed to have been born in Henfynyw, Cardigan, the son of Sant, a prince, and Saint Non. He was educated at Ty Gwyn by Saint Paulinus and is credited with founding twelve monasteries. David was elected abbot of the monastery of Ty Gwyn but later moved to Mynyw located at the southwest corner of Wales. He is said to have spoken at a synod called at Brefi in Cardigan where the Holy Spirit alighted on his shoulder and the earth rose in a hillock to ensure all could see and hear him. He is credited with a victory over the Saxons through instructing the Welsh soldiers to wear a leek in their headgear for ease of recognizing each other on the battlefield. He is said to have been recognized as the primate of Wales at the synod of Brefi and that Saint Dubricius resigned from his see so that David could take it, moving it from Caerleon to Mynyw. He is said to have died in Mynyw saying to his fellow Christians, “Rejoice. Hold fast to the faith. And remember to fulfill those small tasks that you have learned while you were with me.”

Bentley, James. *A Calendar of Saints: The Lives of the Principal Saints of the Christian Year*. London: Time Warner Books, an imprint of Little, Brown Book Group, 2006.



## FORTNIGHT

The February Shire Populace Meeting was held on Wednesday, February 10<sup>th</sup> at the Aulds Branch Library. Dana ran the meeting as Seneschal. The meeting wrapped up Winter Wonders, successfully held in January. A good discussion was also held about the duties and responsibilities of the local Exchequer at the request of Mistress Sarah, who is looking for a deputy to replace her as local Exchequer, working with that person on the 1<sup>st</sup> Quarter Finance Report (due in April) and then handing the office over before the end of the 2<sup>nd</sup> Quarter.



## TOWN FAIRE

Fighter Practice & Vellum Making Part II was held at Llifiwr Tyddyn on Sunday, February 7<sup>th</sup> starting around two-thirty. Avice continued to teach the process of vellum-making and Skallagrim and Symon handled fighter practice. The activities were attended by nine members: Jurgis, Suzanne, Skallagrim, Evlaliia, Ebrahim, Avalina, Travis, Symon, and Avice. Skallagrim fried a turkey and after pell practice there was Superbowl (Saints vs. Colts)! The team with the best heraldic charge won. In addition to the fried turkey, there was quesadillas, red beans and rice, fried stuffed jalapenos, king cake and assorted beverages. As reported by Suzanne, a good time was had by all.

Due to snow on the 11<sup>th</sup> and 12<sup>th</sup> of February and general freezing weather, the water froze that the skin was in and so Part III of Vellum-Making had to be postponed. Instead on Sunday, February 21<sup>st</sup> a Greenland cotehardie pattern drafting class with possibility of fabric cutting and pinning was held, along with fighter practice, provided the ground was not too soggy from the rain Sunday morning. Ladies were asked to bring 5 yards of material for a dress and men three yards of material for a man's tunic and sewing pins. Potluck this Sunday had a Lent theme. Avice made baked salmon cakes from the A&S feast as the main dish. Six members attended: Jurgis, Suzanne, Skallagrim, Evlaliia, Avice, and Symon.

The Shire's Arts and Sciences Night was held Wednesday, February 24<sup>th</sup> at the Aulds Branch Library starting at seven o'clock and ending shortly after nine. Lady Amelia Ballentine taught Beginning Belly Dance to a mixed group of fourteen, some of whom could not stay for the practicum of the class. Attendees included Amelia, Melisant, Suzanne, Jurgis, Ebrahim, Avalina, Skallagrim, Evlaliia, Lorccan, Rory, Eibhilin, Giric, and briefly Avice and Symon. Also present was Maximilian von Tallingbostel[sp?] from a Barony in the Midrealm. Following a brief history of belly dancing a warm-up stretching exercise was held. Amelia then taught body movements and walking. The class concluded with an introduction to accessories such as the veil, cane, and sword. Also at this meeting Rory lent Suzanne a heraldry book to get ideas on devices.



## NEW ARCHERY SCOREKEEPING SITE

Greetings all Archers and interested others,

I am very happy to announce the introduction of a new (to Gleann Abhann) and very cool web site for entering and tracking archery scores.

The site may accessed at: [www.scores-sca.org/gleannabhann\\_archery](http://www.scores-sca.org/gleannabhann_archery)

On this site, Live Weapons Marshals may enter any Royal Round or IKAC scores shot at an Event or published archery practice. These scores will be used (automatically) by the web site to calculate and display the rankings of all our archers. This system has been in use for nearly 10 years and, with the addition of Gleann Abhann, now has 11 Kingdoms online. The Inter-Kingdom Archery Competition (IKAC) is also now using this system.

Gleann Abhann has had a ranking system in place for some time, although it has not been used much lately. I am hoping that having this new online system will help encourage participation. The rankings are based on Royal Rounds scores. For a description of the ranking system, please visit:

[http://www.kingdomofgleannabhann.org/index.php?option=com\\_content&view=article&id=7&Itemid=21](http://www.kingdomofgleannabhann.org/index.php?option=com_content&view=article&id=7&Itemid=21)

It takes three submitted Royal Round scores to get ranked. Please note: if you submit one IKAC scoring, the system will automatically extract Two Royal Round scores from that.

Over the next days and weeks, I (along with our official GA Archery Scorekeeper - Lord Will Drynok) will be entering the names of all of our Warranted Live Weapons Marshals into the system and setting up Login Accounts for each. This will allow you (LWM marshals) to enter scores from any Royal Round or IKAC shoots that you run. You will also be able to log in and create new types of shoots, if you wish, and enter scores for those. This can be useful for any local competitions that take place or any running competitions that you wish to track (and promote) online.

If you are a Live Weapons Marshal, please contact me (or Will) to verify your willingness to participate in the system and so that we can get some very basic information that we'll need to set you up.

The information that we'll need is, simply: Your Mundane Name, SCA Name, Local Group, and preferred Login Name (often this is just your SCAdian first name). At your option, we can also include your email address, which is useful if you forget your login name or password.

Also, if you are an Archer (but not a LWM) you can send us the same information (minus the preferred login name) and we'll add you to the system database, so we'll have a head-start when the time comes to enter some scores on your behalf.

I really think this system has the potential to greatly enhance the enjoyment and competitive spirit within the archery community. Please check out the web site and send me any feedback or questions that you may have.

As a final word, I'd like to thank, wholeheartedly, Baron Jonathas (from Atlantia) for his creation and upkeep of the web site and for his assistance in getting the Gleann Abhann component up and running.

In service,  
THL Aleyn Kynyd ap Rhys  
DEMLW, Gleann Abhann



**THE ARDANROE HERBARIUM**  
(THL Rovena of Bri Leith, Column Editor)



Roses (June '09) from Rory's backyard

*ROSES*

Its planetary influence was the moon; it was associated with Goddess Venus, and its zodiac association is with Taurus. Roses are associated not only with love but with joy.

While native to the Middle East, it has been naturalized most everywhere in the world. The rose was probably brought to southern Italy by Greek colonists. Older varieties are more fragrant. There is no single system of classification for garden roses. In general, however, roses are placed in one of three main groups: Wild, Old Garden, and Modern Garden roses.

The rose can have a single flower or clusters; it can be an upright shrub, creeping, or climbing; and it comes in a variety of colors. Roses hate standing in water and need at least half a day of sunshine. They need more attention than most flowers and don't like to be crowded. Technically, roses do not have thorns, they have prickles. Prickles are outgrowths of the epidermis while thorns are actually a node on the stem.

The fruit is called a hip. The hips are usually red but can vary in color from dark purple to black. Hips need cold weather to mature. Species that produce open-faced flowers are attractive to pollinating bees and other insects and will produce hips. Some cultivars are the petals are so tight that they do not provide access for pollination. Birds love eating the hips and disperse the seeds through their droppings.

For both Old Garden Roses and Modern Hybrids, any weak, damaged or diseased growth should be pruned away completely, regardless of the time of year. Any pruning of a rose should be done so that the cut is at a forty-five degree angle helping the pruned stem to callus over more quickly, and decreases the moisture buildup over the cut reducing disease problems. Roses usually prefer to be deadheaded. This is a simple pruning away of any flowers past their prime. The reason to do so is to encourage new offshoots and blooms rather than fruit production. The only species one should not deadhead are those you are growing for hip production.

The hips are medicinal staple, usually used in a tea, because they are very high in Vitamin C. Perfumes have long been made from roses as well as bath oils and soaps. The essential oil of roses is commonly called attar of roses. Attar of rose is made by distilling crushed rose petals. It is believed that the technique originated in Persia spreading through Arabia and India. Rosewater has astringent and cleaning properties. The petals are used as an organic dye and flavoring. The hips have a tart, cranberry flavor. The culinary uses are highly varied (syrups,

rosewater, jellies, jams, conserves, teas and wines, soups, purees, pies, tarts, quick breads, and muffins). A few rose species are grown for scented hedges.

When Marc Anthony visited Cleopatra, she had the floors covered knee deep in rose petals. The Romans used roses for banquet centerpieces and to crown bridal couples. The War of the Roses is not believed to have been called such until Sir Walter Scott published *Anne of Geierstein* that he based on the fictional scene in William Shakespeare's play *Henry VI*. It is probable that the idea for that scene was based on the household badges (White Rose of York and Red Rose of Lancaster). In 1699, William Penn brought roses to the colonies from England. John Adams is the first president to plant roses at the White House.

Because of its large role in the rose-growing industry, having the nation's largest municipal rose garden, and hosting and hosts the Texas Rose Festival each October, Tyler, Texas, has earned the nickname of the "Rose Capital of America".

**References:**

Beyerl, Paul. *The Master Book of Herbalism*. Custer, Washington: Phoenix Pub. Co., 1984.  
Huson, Paul. *Mastering Herbalism: a Practical Guide*. Lanham, Maryland: Madison Books, 2001.  
Kowalchik, Claire; Hylton, William H., editors. *Rodale's Illustrated Encyclopedia of Herbs*. Emmaus, PA: Rodale Press, 1987.



**CARRIAGE CHATTER**

**Candlemas Collegium and Regional Arts and Sciences Faire, February 13, Barony of the Grey Niche**

(Written by Rory ua Riada)

Candlemas Collegium, the first of four annual events held by the Barony of the Grey Niche, began the calendar year of 2010 though was the third event in the Society Year XLIV. This one-day event was held at Singleton Community Center in Bartlett, Tennessee on Saturday, February 13<sup>th</sup>. The doors opened at eight o'clock Saturday morning and promptly closed at five o'clock that evening. Mistress Arielle de Brabazon and Mistress Sarita Vashti al Coya were the autocrats. THLady Zhara um Nikko was the feastcrat. THLady Amelia van Hemessen arranged classes and Lady Johnna handled reservations.

This year the emphasis was hands-on classes so that attendees could take home nifty things they had made, or started marking. Classes offered included Cold Metal Dishing (Baron Dagan), Designing an SCA Device (Dame Brenna), Court Arts of Safavid Persia (Baroness Masheed), Accentuate! Trim your Gown (Maistresse Alysia), Pell work and making the most of downtime (Sir James the Holy), Beginner Mask Making (Sir James the Holy), Leather: Many uses, Many pitfalls (THL Karl), Knitting (THL Gwyneth), Beginning Lucet Weaving (Giacomo Falcone), Painting Faces in Illuminated Manuscripts (Lady Lewen), Ideas for Unique Site Tokens (THL Cormac), Calligraphy & Illumination (Sir Leto Darkhorse), 16<sup>th</sup> Century Italian Dances (THL Ginevra Brembati), Basic Shield Wall Tactics and Techniques (THL Ali).

The event included a Regional Arts and Sciences Faire. Additional competitions within the faire included Populace Choice, Baron's and Baroness' Choice, and an Apprentice Challenge from the Grey Niche Apprentices coordinated by Lady Johnna. The theme for feast was 'Candlemas in Brittany'. Feast was served at lunch time, limited to 75 diners.

While this year no one from Ardanroe attended the event, populace members have in the past.





## LESSONS IN HERALDRY

The Cover Letter of many of the monthly LoAR will include rulings and clarifications made by the Laurel, Wreath, and Pelican Sovereign/Queen of Arms. The Cover Letter for the December 2009 LoAR printed February 15, 2010, contains a tip from the Pelican Queen of Arms that may make your heraldry submission get processed favorably faster.

### **From Pelican: Submissions forms written in pencil**

Local heralds and submissions heralds, please encourage your submitters to fill in the submissions forms in pen, and not in pencil. Pencil, especially soft-pencil, often does not scan easily. Since I am an ocean away from Ragged Staff and the files, I work exclusively from scanned paperwork. A number of the submissions this month had forms written in pencil which were completely illegible when scanned. Ragged Staff was able to confirm the missing information for me, so there was ultimately no problem in these individual cases, but she said that even the non-scanned versions of the forms were difficult to read. As a result, I would like to strongly encourage people not to use pencil to fill out their submissions forms. If the forms are not legible when they reach Ragged Staff and Pelican, then, just as with armorial forms which have color-shift problems that affect the identifiability of the armory, the submissions may be liable to return for administrative reasons. This is something which we would prefer to avoid.

So what does this mean for us? If you want your name or armory submission to move forward faster and not backward faster, use an ink pen to fill out the information on the forms. You can also fill out the forms on your computer and then print them. Both the printer and the ink pen use ink, which is much easier to see, read, and scan. Save your pencils for when you are helping at the list table during a tournament.

If you have a particular heraldry question you would like answered in “Lessons in Heraldry”, please let me know! I may not know the answer but will try to find an answer that helps.

Maistir Rory

### **References:**

*Cover Letter of the December 2009 LoAR.* [Accessed February 22, 2010] <http://heraldry.sca.org/loar/2009/12/09-12cl.html>





## RECIPES OF GLEANN ABHANN COOKBOOK

Be it known to all of Gleann Abhann that the “Recipes of Gleann Abhann” Cookbooks will be available hot off the press at Fighter's Collegium!

It was once stated:

“As it has been said for centuries and as we have learned, it is true that an army travels on its stomach. Nowhere else does an army travel as well as it travel in Gleann Abhann. The daily breaking of fast, the noon repast, the feast (great and small), and the fortifying tid-bits of Revel are not to be surpassed by any in the Known World. Gleann Abhann is known now and will be in the future, even into the second millennium, as a place for all to enjoy the sight, taste and pleasure of good food.”

The cookbooks will be sold for \$10 each. This is a privately financed endeavor with 25% of the profits going to the Beth Watts Bridges Music Scholarship Fund, in honor of Lady Ceara O'Bardain. The other 75% of the profits will be disbursed to various libation funds for the merriment of the kingdom.

The recipes are from our own beloved cooks can be found in the following categories:

Appetizers & Beverages/Soups & Salads/Vegetables & Side Dishes/Main Dishes/Breads & Rolls/Desserts/Cookies & Candy/This & That

THLJames en les Breres, THLDana the Quarrier and I are excited about this endeavor. If you have any questions, please e-mail us at [ramspantry@gmail.com](mailto:ramspantry@gmail.com).

In Service,

Baroness Medb ingen ui Mael Anfaid

